



Riverside Well Baby & Family **Drop In**

WELFARE



Money Advice Benefits Asylum Seeker/Refugee **Support**

EDUCATION



Education **Department**

HOUSING



Your Homes Newcastle

FAMILY HEALTH



Health Visitors Baby Clinic (Weekly) **School Nurses Immunisations** Dietician Dental **Sexual Health**

Free Refreshment's

Tuesday's

9.30am -12.00pm

Riverside **Community Health Project, Carnegie Building, Atkinson** Road

NE48XS

My Baby and me group for babies up to the age of 1 10.30am-11.30am

Riverside **Facebook**



PLEASE NOTE Not all services will be available every week.



0 - 19**Facebook**

MENTAL HEALTH



Talking Therapies Little Minds in Mind Yoga

PARENTING SUPPORT



Infant feeding **Toy Service Amazing Start Healthy Relationships**

HEALTH CHECKS/ADVICE PREGNANCY



Health Works GP Stop Smoking Pharmacists Pharmacy First



Midwives -**Healthy Lifestyle** Group